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Beacon Light: September, 1963

St. Cloud Hospital

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BEACON LIGHT



Volume XV Number 1

SAINT CLOUD HOSPITAL

September, 1963

CONSTRUCTION BEGINS



Monday, July 15, 1963, marked the beginning of an expansion program for the St. Cloud Hospital which has been under consideration for the past few years. On this date ground breaking ceremonies were held for the construction of a 76 bed residence for the Sisters at the hospital.

It is expected that the four story building will be completed in July, 1964. Located to the north of the hospital, it will be connected to the hospital by a tunnel-cloister walk and will provide complete residence facilities for the Sisters with the exception of a dining room which will be retained in the hospital.

The construction of this new building will make possible vacating several hospital areas which have been used for Sisters' residence. Future planning will determine the use of these vacated areas. The great need for expanded hospital facilities has long been recognized.

In addition to the Convent a two story carpenter shop and garage is being constructed adjacent to the maintenance shop at the back of the hospital. This structure is also a part of the total renovation program.

Construction contracts were awarded to three local firms. The architect for both buildings is Ellerbe and Company of Minneapolis.

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FROM OUR CHAPLAIN



There is an old story about a little boy who used to carry his young dog around the house. Although the pet grew heavier day by day, he still managed to carry it because he himself was growing stronger. But finally the day came when he could no longer lift the pet; it was just too heavy. Sickness or any trouble that lasts any length of time is much like that growing dog. We can put up with it for a week, or a month, or longer, but finally the time comes when it appears just too heavy to bear. The sickness or trouble may not be any worse, but the weight of discouragement is upon it.

Father Torborg This is not reserved only to those with chronic sickness or extraordinary troubles. The wear and tear of everyday life can likewise bruise a person's inner spirit. In a popular song of some years back, the poor fellow who digs sixteen tons a day is obviously healthy, but he sings a dirge of forlornness. He feels he has sold his soul to the country store because all he seems to do is work and spend his money for the necessities of life.

Discouragement is one of the great enemies of the human spirit. Unless checked, it can so easily lead to despondency and despair. To help us maintain our spiritual balance, Holy Mother Church suggests a reflection on the Holy Cross. She reminds us of its importance by setting aside a special day in her calendar -- September 14 -- "Exaltation of the Holy Cross".

The Cross has been one of Christendom's most cherished symbols and prized possessions down through the centuries. On Tertullian's authority the Cross was employed as a counter-sign and password by the early Christians when they were in hiding and led an underground existence in the catacombs. It was emblazoned on the heavens, assuring victory to the first Christian emperor, Constantine. Later the Crusaders displayed it boldly on their shields and took their name from it. In the late Middle Ages many organizations of charity adopted it as their badge. Columbus set foot on American shores with banners unfurled to the breeze, and the Cross raised overhead. One of the earlier cities founded in the New World was Vera Cruz, which means "The True Cross".

We place it above our altar to remind us that the Holy Sacrifice of the Cross is repeated thereon. We place it in our homes to remind us to live continually in the light of its lessons. We hang it in our schools to show that all we undertake is done in and for Him Who died on it. We place it in our hospitals to remind us of the patience and forbearance of Christ crucified. We attach it to our rosaries, etch it on our books, erect in our Churches, our schools, our hospitals . . . we place it everywhere in order that everywhere we might remember its lifegiving lessons.

from our Administrator



During the past year our long-term employees were recognized in a formal way for their loyalty and devotedness during the years of their service to the sick. We can be duly proud of them as we see the result of their labors in the type of care given to our patients, the smooth and efficient methods of operation in the various departments and the excellent condition of our physical plant.

However, we must also recognize the invaluable contributions being made by our new employees as they assume their responsibilities with the energy and spirit of youth. Our young people today reap the benefits of the progressive age in which we live, and are filled with zeal and ambition to put into practice the intellectual and technical abilities which they have at their command. We welcome, and wish to encourage, their initiative.

Thus we have combined within our hospital the stable, wise direction of the experienced and the energetic, enthusiastic spirit of those beginning their professional careers. It is with sincere pleasure that I welcome all of you to our hospital -- those returning from vacations and those assuming positions here for the first time. Without ALL of you we could not carry out the objectives we have set as our goal. As we begin another year we can look forward hopefully and with justifiable optimism toward continuing to meet the health needs of this community and toward planning to meet future needs as the social, medical and technical changes and advances demand.

Sister Jameen 02/13

10-YEAR MASTER PLAN TO BE DEVELOPED FOR HOSPITAL.

A long-range program of development for St. Cloud Hospital will be prepared during the next several months, according to Sister Jameen, hospital administrator. The master plan will define the need for hospital services for the next ten years.

"Up to this time, we have had some ideas about what should be done here at the hospital to meet future needs," Sister Jameen said, "but these ideas have not been crystallized into a specific plan."

A hospital consulting firm of national prominence will be engaged to assist in the development of the plan, according to Sister Jameen, "In a program as important as this, which could involve future expenditure of millions of dollars for buildings and equipment, we must be certain that right decisions are made," Sister said. "We feel it is wise to bring in people experienced in evaluating the needs of the community and the area, and who can spend the time necessary to help us translate these needs into a specific plan." Sister Jameen said that several hospital consulting firms are presently being considered. A decision will be made and a firm engaged by the end of September. It is expected that a detailed plan will be completed by the end of the year.

COURTESY SPOTLIGHT



Until September 1, 1963, if you were to dial 224 you would likely hear, "4 South, Mrs. Hopke." You were speaking to the Head Nurse of the Pediatrics ward, now a "retired" housewife and mother. Married in 1961 and the mother of Greg, age fifteen months, Mrs. Hopke decided that this was reason enough for her to resign her position in the hospital and to assume full-time household duties in her home in Waite Park. In spite of her resignation, the Beacon Light staff insisted upon her as the courtesy choice of the month.

A graduate from our School of Nursing in 1956, she joined the Pediatric staff after a short interlude at St. Joseph's Hospital in Mankato, Minnesota, where she was an operating room nurse. In 1958 she became Assistant Head Nurse on 4 South, and was

promoted to Head Nurse in 1961. Very early preparation for this position was her full-time schedule of baby sitting through her high school years, an occupation which helped her finance her education.

Any mother bringing her child to the hospital can be assured of the best in mother's care by the nursing staff who have learned from Mrs. Hopke how to put heart and hands into their patient care. Gentle and understanding, she became a mother to all under the Pediatric roof.

Her future activities will be the usual housewifely ones, with emphasis on sewing which is one of her hobbies. She also enjoys hunting, fishing and other outdoor sports with her husband. We are sorry to have her leave our family, but wish her well as she becomes a full-time mother of her own family after having been so faithful a mother to the many children who sought health and happiness through the T. L. C. of the Pediatric staff.



WELCOME ALL NEWCOMERS !!!

Many new employees have been added to the hospital family during the summer months, and a few returned to help out during the vacation period after which they returned to teach or other positions. Among the new faces are:

- 50 Nursing students
- 6 X-Ray students
- 1 Laboratory technology student
- 4 Anesthesia students

All are most welcome -- and we hope to become well acquainted soon!

MEDICAL STAFF ELECTS OFFICERS.

At the annual election of medical staff officers held in June Dr. E. N. Milhaupt was elected Chief of the Medical Staff. Other officers elected were Dr. T. G. Murn, Vice Chief of Staff and Dr. H. E. Sisk, Secretary. Dr. J. B. Beuning was elected to represent the medical staff on the hospital-medical staff Joint Conference Committee. All were named for one year terms.

Three appointments to the medical staff Executive Committee are made annually, one by election of the staff membership, one by appointment by the Chief of Staff, and one by appointment by the hospital Governing Board. Dr. R. P. Koenig was elected by the members, Dr. J. P. O'Keefe was appointed by the Chief of Staff, and Dr. L. A. Loes was named by the hospital Governing Board for one year terms.

Elected for three year terms on the Tissue Committee were Dr. C. F. Brigham and Dr. R. P. Koenig; and to the Surgical Privileges Committee, Dr. O. C. Phares, Dr. H. J. Reif and Dr. A. T. Rozycki.

Chiefs of the various hospital services were also named at the meeting. They include:

Chief of Anesthesia	Dr. J. W. Smith
Chief of Eye, Ear, Nose & Throat	Dr. J. B. Gaida
Chief of Medicine	Dr. T. H. Luby
Chief of Obstetrics & Gynecology	Dr. R. T. Petersen
Chief of Orthopedics	Dr. E. M. LaFond
Chief of Pathology	Dr. M. S. Bozanich
Chief of Pediatrics	Dr. S. D. Sommers
Chief of Radiology	Dr. D. W. Undem
Chief of Surgery	Dr. C. B. Thuringer

A total of 76 St. Cloud and area physicians presently hold membership on the St. Cloud Hospital medical staff. Nearly half of the members (32) have been appointed to the staff within the past five years.

NURSING STUDENTS HONORED.



At the annual Senior-Faculty dinner on July 18 four nursing students received awards for excellence in nursing.

Miss Betty Lenneman, Senior, was chosen to be the recipient of the Sister Elizabeth award granted to the student who has shown outstanding kindness to her patients.

Dr. L. Loes presented the Catholic Physician Guild awards to Jeanette Ruhland, Senior, Karen Bendzick, Junior, and Patricia Chastek, Freshman. These awards are given annually by the Guild to a student from each class who is chosen on the basis of scholastic standing, nursing ability and Christian attitudes in nursing.

WELCOME NEW SISTERS

Sister Aaronelle is now our housekeeping Sister on first and second floors. Supervising and working with people have been her duties while in charge of the cafeteria for the college and high school at St. Benedict's.



Sister Benora, Medical Technologist, will be teaching sciences in our School of Nursing. Sister comes to us from our hospital in Utah and has a wealth of experience in teaching and laboratory work.



Sister Rosetta is the new receptionist in our School of Nursing.

With years of experience as teacher and principal in high school, Sister is truly a friend of young ladies.



Sister Bernadelle is the new Sister for switchboard, admissions and office work.

Neither care of the sick nor night work are new for Sister. Her experiences include working at our homes for the aged and our hospital in Utah.

AND TO THESE WE SAID FAREWELL.

Sister Cassian, Director of In-Service Education, who is now Director of the School of Nursing in St. Benedict's Hospital, Ogden, Utah;

Sister Laurentine, Housekeeping Supervisor, who is now at St. Raphael's Home;

Sister Neomi, Receptionist in the School of Nursing, who is now at the Nursing Home in Albany, Minnesota;

Sister Sidora, night duty in the Business Office, who is now Superior at the Convent in St. Martin, Minnesota;

Sister Servilia, Sisters' sewing room, who is now at St. Benedict's Convent;

Sister Rosalia, 3rd floor Housekeeping Supervisor, who is now at St. Joseph's Sanitarium, St. Cloud;

Sister Stephana, Science Instructor in the School of Nursing, who is now teaching at Cathedral High School;

Sister Angella, Housekeeping Supervisor on 5th floor, who is now in charge of the cafeteria at St. Benedict's College and High School;

Sister Innocent, Baker, who is now at King's House in Buffalo, Minnesota;

Sister Mercedes, Dean of Residence and Instructor in the School of Nursing, who is now at St. Benedict's College but will remain a part-time faculty member in the School of Nursing.

SURVEY REPORT PROMPTS INSTALLATION OF WORK MEASUREMENT PROGRAM

The report of a survey conducted by the industrial engineering firm of Lindstrom, Inc., Minneapolis, has prompted a decision to install a work measurement program in the dietary, laundry and housekeeping departments at St. Cloud Hospital.

Based on an intensive nine-week engineering study of the scheduling and organizing of work in the three departments, the Lindstrom firm has projected savings of \$100,332.76 per year through the installation of work measurement programs and certain changes in lay-out and equipment in the department. The survey was completed on July 12, 1963. Installation of the program began August 19.

"In making the decision to engage the Lindstrom firm to implement the work measurement program, we were, of course, very interested in the \$100,000 savings that can be made," Sister Jameen, Hospital Administrator said, "but we are also impressed that it will be of great help to the personnel and supervisors in those departments in better organizing and scheduling their work and in eliminating waste and duplication of effort. As important as the savings is the fact that it will result in better service to the patient."

Sister Jameen said that the program will result in a reduction in the number of personnel needed in the three departments. This will be accomplished by not replacing personnel who voluntarily leave employment. "There will be no lay-offs of hospital personnel as a result of the work measurement program," Sister Jameen stated.

Part of the savings resulting from the program will be used to upgrade salaries and wages for hospital personnel according to Sister Jameen.

While the program is being installed in the housekeeping, dietary and laundry departments, surveys of other hospital departments will be made. The total project is expected to require about eight months to complete.



OUR SINCEREST SYMPATHY IS OFFERED TO:

Sister Quidella on the death of her mother, Mrs. Catherine Kollman.

Mr. and Mrs. Virgil Eggerman (Mildred Murphy) on the death of their infant son.

Mrs. Vivian Jussila on the death of her husband.

MEET OUR

These articles are the continuation of a series featuring the members of the Medical Staff of the St. Cloud Hospital.



Dr. Robert A. Murray, Jr., together with Dr. M. Bozanich, provides Pathologists' services for this hospital. Dr. Murray was born in Duluth, went to grade and high school in Hibbing, graduated from the College of St. Thomas and the University of Minnesota Medical School where he received his M. D. degree in 1956. The next three years were spent with the U. S. Air Force in Hawaii, the first as an intern at Tripler U. S. Army Hospital, and the remaining two years at Flight Surgeon at Hickam Air Force Base.

On his return to the United States he enrolled at the Mayo Foundation in Rochester for graduate work in anatomical and clinical pathology. He came to St. Cloud in July, 1963.

Dr. Murray is a member of the Zumbro Valley, Minnesota and American Medical Associations and is a Junior member of the College of American Pathologists and the American Society of Clinical Pathologists.

He is married and has three children.

Dr. Frank Brown was born in Madison Lake, Minnesota, and attended grade and high school there. Premedical college years were divided between St. Thomas College, St. Paul, and the University of Minnesota. He continued at the latter until he received his M. D. degree in 1957.

His internship was spent at Parkland Memorial Hospital, Dallas, Texas, where he remained for graduate work in general surgery. Parkland Memorial Hospital is affiliated with the University of Texas Southwestern Medical School. Upon completion of his work there in July, 1963, he came to St. Cloud to practice in association with Dr. Henry Broker.



Dr. Brown is a candidate for membership in the Stearns-Benton, Minnesota and American Medical Associations, the Knights of Columbus and St. Mary's Physicians Guild.

He is married and has five children. His hobbies are snow skiing and photography.

DOCTORS



Dr. Donald Higdon came to St. Cloud from the BIG state of Texas! Born in El Paso, he received his early education there. He attended St. Louis University for premedical and medical courses and received his M. D. degree in 1952. His college years were interrupted by three years of service with the U. S. Navy.

After graduation from medical school he returned to his home town for an internship at El Paso General Hospital. The next nine years were spent in general practice in nearby Fabens, Texas, and he served on the staffs of Hotel Dieu and Providence Hospital in El Paso.

In September, 1962, Dr. Higdon was appointed physician for St. John's University and the College of St. Benedict. He is a member of the Stearns-Benton, Minnesota and American Medical Associations, the Knights of Columbus and St. Mary's Physicians Guild.

Dr. Higdon is married and has five children. His hobbies are model railroads and gardening.

A newcomer to our Medical Staff, but not to St. Cloud, is Dr. Arthur Barnett who was Chief of Medicine at the St. Cloud Veterans Administration Hospital for three years before he again became a private general practitioner in Foley, Minnesota and was appointed to the staff of this hospital in the summer of 1963.

Dr. Barnett was born in New York City, received his early education there, and graduated from Manhattan College. After serving for three years with the U. S. Navy in the Pacific area he enrolled at Georgetown University Medical School, Washington, D. C., and received his M. D. degree in 1950. He interned at Brooks General Hospital in San Antonio, Texas, and after a year of graduate work at St. Joseph's Hospital in Fort Worth, practiced in Monahans, Texas, for eight years before coming to St. Cloud in 1960.



Dr. Barnett is a member of the Stearns-Benton, Minnesota and American Medical Associations, the Southern Medical Society, American Geriatric Society and the American Academy of General Practitioners. He is also a member of the Confraternity of Christian Doctrine.

He is married and has six children. His hobbies are camping, fishing and bird hunting.

about a YEAR in ST. CLOUD HOSPITAL

*there is
so much
to tell...*

The accounting department has closed its books on another year, but a hospital is many things that cannot be put away in a file . . . the rustle of white skirts, the mysteries of the laboratory, the night silence in the semi-darkened corridors, the vials, syringes and pills.

Making possible the combination of efficiency and compassion that characterizes the hospital is the dedication of people for whom high competence alone is not enough -- people whose minds, hearts and hands are given to mercy:

The DOCTOR, deliberating a diagnosis --

56 doctors on the Active Staff, 7 on the Associate Staff, 2 on the Honorary Staff, 6 on the Consultant Staff, 5 on the Courtesy Staff.

The NURSE, vigilant in her care of the sick --

176 full-time and 76 part-time nurses, aides and orderlies give round-the-clock service.

5,221 scheduled operations; 1,060 emergency operations and 692 proctoscopies. 4,407 anesthetics in O. R. and X-Ray, and 2,203 in the delivery room; 6,991 IPPB treatments; 3,333 hyperventilation treatments; 747 hydrojet treatments.

The DIETARY AND HOUSEKEEPING AIDE, meticulously carrying out her duties -- 39 full-time and 20 part-time dietary employees assisted by 51 full-time and 16 part-time housekeeping employees.

268,390 meals served to patients; 357,989 meals served to others. 85,411 special diets served -- 31% of all meals served to patients.

The TECHNICIAN, practicing the technical skills required in the special services --

77,405 hematology tests; 2,536 serology tests; 123,525 chemistries; 19,317 bacteriology tests; 823 tests on spinal fluid; 2,716 blood transfusions; and 15,810 other procedures in the Blood Bank; 8,461 tissues stained in addition to tissues from 167 autopsies on hospital deaths; 3,235 electrocardiograms; 392 B. M. R. 's. 35,127 X-Ray examinations; 1,662 X-Ray treatments.

1,173 patients receiving physical therapy with 11,190 modalities; 139 patients treated in occupational therapy in 802 treatment units. 229 electroencephalograms.

The PHARMACIST, taking infinite pains with mortar and pestle --

28,936 prescriptions for hypnotics and sedatives; 11,422 other prescriptions; 4,210 refills for out-patients.

LICENSED BY
Minnesota Department of Health

APPROVED BY
Joint Commission on
Accreditation of Hospitals

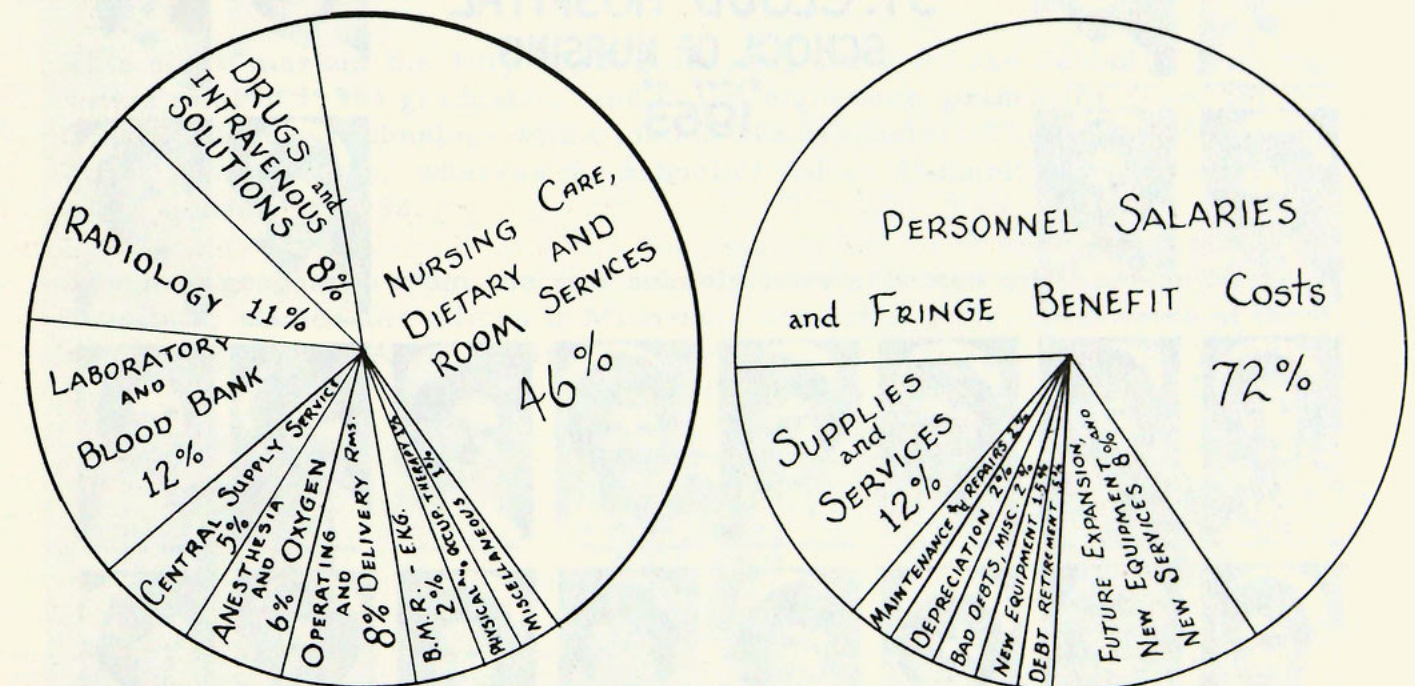
Over 32,400 patients in a year with facilities including 300 beds and 45 bassinets. 13,604 adults and children hospitalized; 2,301 babies born. 246 adults and children in the hospital daily; 25 newborn infants daily average. 2,678 emergency out-patients; 16,571 other out-patients.

TRAINING of minds, hearts and hands in the care of the sick --

163 nursing students; 14 students in X-Ray Technology; 1 student in Medical Technology, 8 student Nurse Anesthetists.

3,134 personnel hours devoted to formal in-service education at a cost of \$5,821.40.

The FINANCIAL story --



The helping hand of the AUXILIARY --

With a total of over 150 members, the Women's Auxiliary and the junior group, the Candy Stripers, do many wonderful things at the St. Cloud Hospital. Their projects include assembling and mailing the BEACON LIGHT, giving direct patient service in several departments of the hospital, making puppets for pediatric patients, making tray favors and sponsoring fund-raising projects. During the past year they bought youth beds for the Pediatrics Department and helped pay for the pacemaker and defibrillator for the Intensive Care Unit. They also served as hostesses during a coffee hour for the employees and gave a Christmas party for the children.

MEMBER OF
Minnesota and
American Hospital Association

MEMBER OF
Catholic Hospital Association
St. Cloud Chamber of Commerce



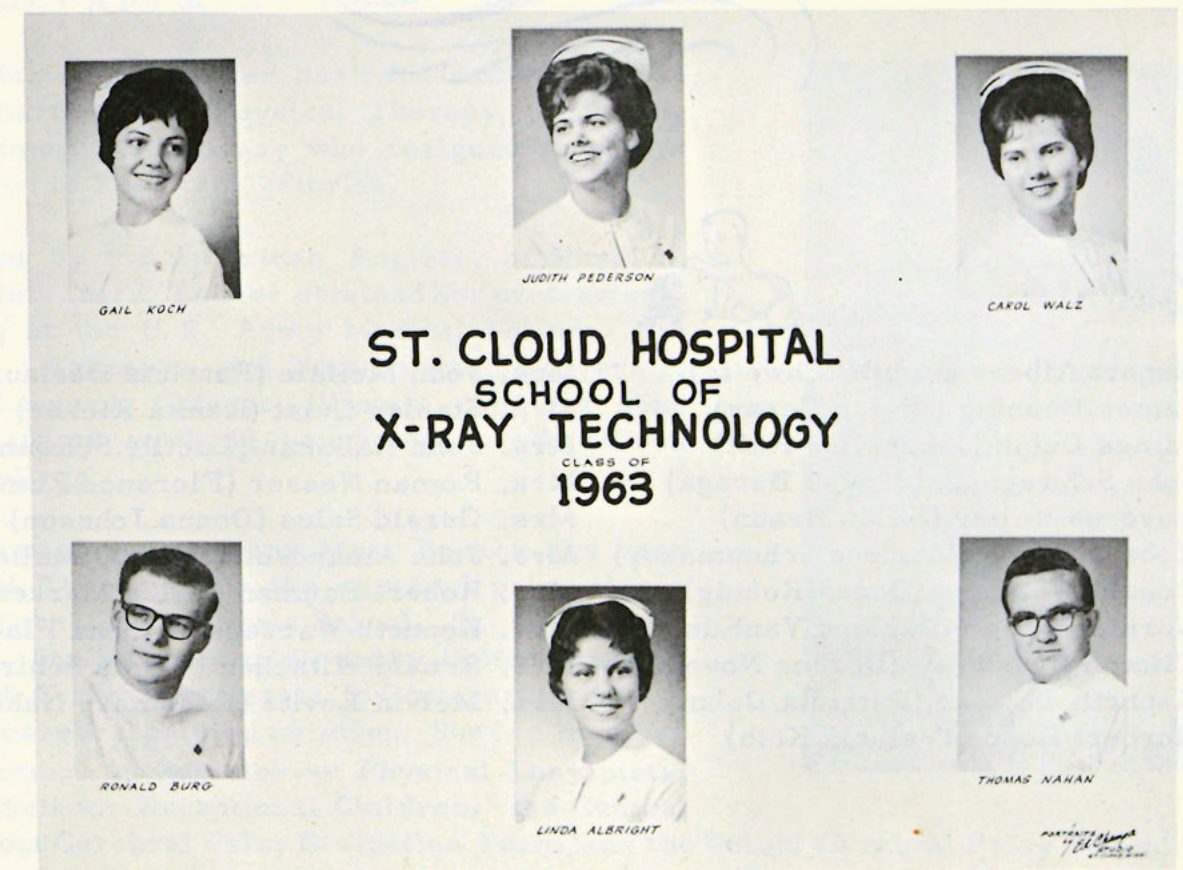
CONGRATULATIONS GRADUATES

Fifty-eight joyous young people received their diplomas at the graduation ceremonies held at St. Mary's Cathedral on August 15. Rt. Rev. Msgr. Peter Lorsung presented the diplomas to fifty-two graduates of the School of Nursing and six graduates of the School of X-Ray Technology. Father Vincent Tegeder, O.S.B., delivered the graduation address.



This class marked the fifty-third graduating class for the School of Nursing, with a total of 1,304 graduates, and is the eighteenth graduating class for the School of X-Ray Technology with a total of 102 graduates. The School of Nursing accepts only women, whereas the School of X-Ray Technology began accepting male students in 1952.

The new graduates from the two schools have accepted positions in various hospitals, clinics and offices in Minnesota and out of state, with some of them remaining in their Alma Mater.



DIETARY DEPARTMENT STUDIES POSSIBILITIES



Plans for improvements in the dietary department include a change-over from decentralized food service for patients from the individual pantries on each floor to a central tray line. This will result in serving completely assembled trays directly from the main kitchen and transporting them to the patient wards ready to be taken to the patients.

In determining the best way to accomplish this transformation within the space provided in the main kitchen, it was decided advisable to visit hospitals where a similar process has been undergone within recent years. Sisters Colleen, Boniface, Generose and Louista with Mr. B. Drake and Mr. R. Cable

of Lindstrom, Inc., have visited St. Joseph's Hospital in St. Paul, St. Mary's Hospital in Minneapolis and St. Marys Hospital in Rochester for this purpose.

Though their primary interest was to observe the central tray line in action, they were interested in all aspects of food service. This included the layout for tray service and food preparation, dietary equipment, methods of food preparation, nourishment dispensing, pediatric tray tables, formula room techniques and cafeteria food service. They were equally impressed with the information they received and the cooperative interest of those who toured them in the various hospitals.



NEW ARRIVALS.



- Mrs. Hubert Albers (Judith Schweitz)
- Mrs. James Beuning (Vivian Geray)
- Mrs. James Dziuk (Jacqueline Ruff)
- Mrs. John Schwegman (Sandra Baraga)
- Mrs. Luverne Reller (Helen Braun)
- Mrs. Robert Thene (Marlene Schoumaker)
- Mrs. Donald Waletzko (Donna Koenig)
- Mrs. Norman Robak (Darlene VanKuelen)
- Mrs. Clinton Grundman (Dorene Novotne)
- Mrs. Kenneth Treloar (Patricia Dolan)
- Mrs. Herbert Hoppe (Valeria Kolb)

- Mrs. John McHale (Patricia Deslauriers)
- Mrs. Stanley Quist (Renita Ricker)
- Mrs. John Kalkman (Lucille Schwankl)
- Mrs. Roman Neeser (Florence Rumerich)
- Mrs. Gerald Sales (Donna Johnson)
- Mrs. John Amundson (Mary O'Malley)
- Mrs. Robert Bauman (Helen Marketon)
- Mrs. Kenneth Warzecka (Donna Plachecki)
- Mrs. Ronald Witschen (Cleota Schirmers)
- Mrs. Melvin Lovitz (Rosemary Nahan)

NIGHT LIGHTS



The night light focuses this month on the Business Office as we ask Adella Rademacher to step into the spotlight. A full-time employee, Adella came to the Hospital in July, 1960. Before coming to us she worked as an aide at St. Raphael's Home. Besides operating the switchboard she also prepares the charges for posting on the following morning.

How does she spend her days off? Most of the time is spent with her parents who are both guests at St. Raphael's Home. When asked about her hobbies, Adella smiled and said, "Oh, I do all of my own sewing and I play the piano." We found out that now the piano is an organ, and

many enjoyable hours are spent at St. Raphael's with Adella at the organ while her father plays the fiddle.



NEW DEPARTMENT HEAD

Mrs. Marion M. Becker has been named head of the Department of Physical Therapy, replacing Mr. Emmett Shaughnessy who resigned to accept a position in Key West, Florida.

Certified by the American Registry of Physical Therapists, Mrs. Becker obtained her professional training at the U.S. Army Medical School, Hot Springs, Arkansas and Northwestern University Medical School, Chicago, Illinois. She has done post-graduate work in psychology at St. Cloud State College.

For the past seven years Mrs. Becker has been Physical Therapist for the cerebral palsy classroom of the Gray Campus School, St. Cloud State College. She was also employed by United Cerebral Palsy of Central Minnesota for out-patient treatment of cerebral palsied children. She is a member of the American Registry of Physical Therapists, the Council for Exceptional Children, the Central Minnesota Cerebral Palsy Evaluation Team, and the United Cerebral Palsy Parent Group.



from **ENGINES** to flowers~



Characteristic of Frank Karn is a certain tip of the cap and tilt of the pipe that have become familiar to us during his thirty-five years employment at the hospital.

Mr. Karn "joined the Benedictines" at the age of sixteen when he worked with his father who was employed as Chief Engineer for the Convent of St. Benedict in St. Joseph. After four years of apprenticeship there he became an Engineer at the St. Cloud Hospital. Perhaps his Bene-

dictine associations are responsible for the remarkable stability, typically monastic in character, which he has shown during these years of continuous service at the hospital.

Two years ago Mr. Karn was appointed Chief Engineer with the entire responsibility for the engineering department. He admits that he accepted the job with some hesitation and not a few fears, but he says now that it isn't nearly as difficult as he once believed it would be. He is quick to give the reason for this to be the people who work with him. As Frank cheerfully admits, "You couldn't want a better crew."

Mr. Karn enjoys a variety of outside interests. These include hunting, fishing, watching football and baseball (secretly he is a loyal Yankee fan) and, last but not least, growing flowers. Being, as he says, a "real nut for flowers," he claims no particular flower as his favorite. His yard and many gardens at home demonstrate his real delight with blossoms of every hue, shape and fragrance.

Frank claims to have no particular secret for success, but our own observations of him reveal a rather unique combination of stability, proficiency, loyalty and love for beauty that have made him both a successful engineer and gardener -- and a happy man!



COAL HAULING TAKES ON NEW GLAMOR

Brand new and roaring to go is this blue and cream colored dump truck. A two-ton truck with a capacity of 17,000 pounds, it is complete with a hoist and four and a half yard box. This is a larger size box than the old truck and will decrease the number of trips for coal by three or four trips per carload of coal.

the **AUXILIAN**

"Summertime is nearly over," to paraphrase the song writer, and now we must get back on schedule. To all of us as Auxilians of the St. Cloud Hospital this means getting our "cheery, cherry pink" uniforms washed and ironed and our low-heeled shoes polished and reporting for "duty."

During the past few weeks Mrs. Knevel has spent many hours on the telephone trying to contact each of us for the fall schedule. If she was unable to contact you, she has placed you to the best of her ability. You will find the new schedule on our bulletin board in the Volunteer Office. However, if your name does not appear on the list, drop her a note (Mrs. Harry Knevel, Director of Volunteers, St. Cloud Hospital) or call her at home at 363-7594 (no toll). If any of you have friends who are interested in volunteer service ask them to write to Mrs. Grothe, Vice President, Mrs. Landy, President, or Mrs. Knevel, in care of the Volunteer Office and we will send them an application blank. With the start of our new year in September several additional hospital departments have been opened to volunteer service. Consequently, we have forty new weekly positions open. For those of you who do not have a permanent "job," here is your opportunity. So "get on the ball" and get yourself, or a new member, or both placed. Call now and "get in on the ground floor."

What would we ever have done without our Candy Strippers this past summer? With the true love and spirit of "daughters" they took over while we vacationed. These forty-nine girls gave 4,626 3/4 hours of patient service during our fiscal year of 1962-63. Much of this time was given during vacation times. Hats off to these girls and to their coordinator, Mrs. Timmers, for a job well done. We thank them from the bottom of our hearts!

As you all know, our fiscal year ends on September 30, so it is time to elect new officers. This year we will elect a Recording Secretary, a Corresponding Secretary and a Treasurer. As an interested member, it is your obligation and privilege to cast your ballot for these officers. Election will be held on the third Tuesday of September (September 17) at 7:30 P.M. in the Nurses' Home. Please make every effort to attend. **THIS IS YOUR ORGANIZATION -- BE A PART OF IT!**

DID YOU KNOW THAT.

1. The Auxiliary averages 37 participants per month "in-service" volunteers?
2. Volunteer total hours for 1962-63 were 2,814 1/4 hours?
3. As volunteers we served in six hospital departments?
4. Total volunteer hours given since the Auxiliary was formed in 1958 is 11,604 hours?
5. We have purchased youth beds for the Pediatric Department?
6. We have contributed to the purchase of the pacemaker and defibrillator in the Intensive Care Unit?
7. We have distributed thousands of puppets to children in Pediatrics?
8. We have distributed thousands of tray favors to patients on the major holidays?

Bernice Landy

ENTERING RELIGIOUS LIFE

We wish to share the joy of our fellow-workers who are aspiring to a life of total dedication to God in Religious life after first participating in the dedicated and apostolic work of the care of the sick in our hospital.



Miss Jo Marie Neiland, R. N. , right, graduated from our School of Nursing in 1962 and remained with us as a staff nurse on 2 South. Her interest in adventure and further professional experience led her to Cook County Hospital in Chicago for several month's experience as a staff nurse. She entered the Convent of St. Benedict in St. Joseph, Minnesota, in September.



Miss Dorothy Lenneman, right, has been employed as a Nurse Aide on 3 North prior to deciding upon a Benedictine way of life.



Fred Strandberg, Orderly, will join the Benedictine Brothers at St. John's Abbey, Collegeville, Minnesota, this fall.



TO MARYKNOLL

Miss Carol Schoenecker, R. N. , left, graduated from our School of Nursing in 1962. Since graduation she has been employed as a staff nurse at St. Mary's Hospital in Duluth, Minnesota. In October she will enter Maryknoll in St. Louis, Missouri.



We remember these young people as friendly, cheerful students and co-workers, and ask God's blessings for them in their future role as Religious.



SAFETY

SAMMY

SALUTES:

1963 - 1964 SAFETY COMMITTEE

Mr. Knevel - Chairman

Sister Cathel - Co-chairman

Sister Arles

Sister Leo

Mr. Smith

Sister Colleen

Mr. Lommel

Sister Valois

Sister Dolorata

Mr. Lutgen

Mr. Karn

Sister Paul

ATTENTION PLEASE!!!!!!!!!!!!!!-----ALL HOSPITAL PERSONNEL!!!!!!!!!!!!!!

On September 26, at 3:00 p.m., through the courtesy of the St. Cloud Fire Department,

OUR OBLIGATION

which is a twenty minute safety movie, will be shown in the main dining room.

Please! Let's all feel it "our obligation" to attend.



SUMMER VACATION BECOMES AN EDUCATION.....

Jeanne Hollenhorst, Clinical Instructor on 2 South, attended a six-week summer session at Marycrest College, Davenport, Iowa, during her vacation and educational leave of absence. Though she gained new insights in Public Health problems through her course and actual experience, she continues to claim 2 South as her first love.

Anna Mary Pallansch, X-Ray Technician, also took advantage of vacation and holiday benefits to attend summer school. Miss Pallansch took courses in psychology and philosophy at St. Cloud State College.

Completing the requirements for bachelor degrees were Sister Anthony (Business Office) at the College of St. Benedict and Sister Roger (Central Service Supervisor) at the University of Minnesota. Sister Maureen (Occupational Therapist) attended the Benedictine Institute of Sacred Theology at the College of St. Benedict, while Sister Goretti (Assistant Head Nurse) limbered up her fingers at a typing course.

Vacation means different things to different people -- for these it meant a period of rest from the usual occupation for the acquisition of greater knowledge.

The BEACON LIGHT is the monthly publication for the
personnel, alumnae and friends of the
St. Cloud Hospital, St. Cloud, Minnesota

S T A F F

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